

# WEST WINDSOR SENIOR CENTER

## May 2025 News & Updates

### Memory Screening

Wednesday  
May 7, 2025

9:00AM - 11:00AM

### Bone Density Screening

Tuesday  
May 13, 2025

10:00AM - 12:00PM

### Book Club

#### Sonny Boy

Tuesday  
May 27, 2025  
2:00PM

by Al Pacino  
led by Denise

### Blood Pressure Screening

Wednesday  
May 28, 2025

11:00AM - 12:00PM

### Music Concert

#### George & Eddie

Friday May 2, 2025

1:00PM

Come join friends and musicians George and Eddie. As acoustic guitar players and singers, they focus on easy listening classics from the 60s to the 80s. These include songs of Bob Dylan, The Beatles & The Eagles, as well as, a few country songs.

### Let's Learn & Create Art

#### Frida Kahlo

Colorful Mexican Surrealist Painter

Tuesday May 6, 2025

10:00 AM

with Lisa Bayer

We will draw and paint our own self portrait in the passionate style of Frida.

Pre-Registration is required.  
Contact the Senior Center (609) 799-9068  
Supplies will be provided.

### Senior Medicare Patrol

Tuesday May 13, 2025  
10:00AM

Join Guest Speaker Joel Schneider, and learn how to protect yourself against Medicare fraud, waste & abuse

Come and have your Medicare questions answered.

### West Windsor Health Department

#### Healthy Outlooks: Alternative Approaches to Managing Pain.

Wednesday May 21, 2025  
10:00AM

Managing pain doesn't have to be a... pain! Join us for an engaging presentation with guest speaker Lisa Kauffman about medication safety and alternative approaches to managing pain, including yoga, acupuncture, physical therapy, and more.