

JUNE 2025

(609)799-9068

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9:15 Form & Function - Kelly (activity room) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 8 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 9:00 Spanish 1 - Nelida (library / ZOOM) \$\$ 09:30 Yoga - Ria (activity room) 10:00 Let's Learn & Create Art (double classroom) 10:00 Spanish 2 - Nelida (library / ZOOM) \$\$ 11:30 Chair, Stretch & Tone - Kelly (activity room)	8:15 Walking (double classroom) 09:00 Glucose Screening 9:15 Form & Function - Kelly (activity room) 9:30 Qigong (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 1:00 Strength - Vin (activity room) 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:30 Strength - Lisa (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
9	10	11	12	13
9:15 Form & Function - Kelly (activity room) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 9 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	ACTIVITIES & CLASSES CANCELLED FOR PRIMARY ELECTIONS	8:15 Walking (double classroom) 9:00 Hearing Screening 9:15 Form & Function - Kelly (activity room) 9:30 Qigong (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 1:00 Strength - Vin (activity room) 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:30 Strength - Lisa (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
16	17	18	19	20
9:15 Form & Function - Kelly (activity room) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 10 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength-Kelly (activity room) 9:00 Spanish 1 - Nelida (library / ZOOM) \$\$ 09:30 Yoga-Ria (activity room) 10:00 Spanish 2 - Nelida (library / ZOOM) \$\$ 10:00 Ageless Grace Program (double classroom) 11:30 Chair, Stretch & Tone - Lisa (activity room)	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) SHIP Counselor 9:30, 10:45, 12:00 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 1:00 Strength - Vin (activity room) 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:30 Strength - Lisa (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
23	24	25	26	27
9:15 Form & Function - Kelly (activity room) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 09:00 Vision Screening 09:00 Spanish 1 - Nelida (library/ ZOOM) \$\$ 09:30 Yoga-Ria (activity room) 10:00 Spanish 2 - Nelida (library/ZOOM) \$\$ 11:30 Chair, Stretch & Tone - Lisa (activity room) 1:00 Bingo 2:00 Book Club (library)	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong (double classroom) 10:00 Balance - Anna ZOOM 11:00 Blood Pressure Screening 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 1:00 Strength - Vin (activity room) 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:30 Strength - Lisa (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
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