

# PLANNING FOR A *may*-CATION?

## TIPS ON HOW TO STAY SAFE THIS MONTH!

### BASIC TRAVEL GUIDELINES

Information courtesy: CDC, 2021

#### DURING TRAVEL

- o Wear a mask over your mouth and nose
- o Masks are required in transportation hubs (airports, planes, buses, trains, etc.)
- o Avoid crowds and maintain 6ft distance from others (2 arms length)
- o Wash your hands and use sanitizer frequently (at least 60% alcohol)



#### POST TRAVEL

- o Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms

[Click here for travel-specific guidelines](#)

#### Important Links!

- o [NJDOH Guidance for Fully Vaccinated Persons](#)
- o [CDC Recommendations for Fully Vaccinated Persons](#)
- o [NJ Travel Guidelines](#)
- o [CDC Domestic Travel Planner](#)
- o [NJ Out of State Travel Registration Form](#) to be completed before travel



9th

Mother's Day

31st

Memorial Day