

An hour of your time now may save a life tomorrow!

A Free Training Opportunity

Presented by BMS Trauma Center at Capital Health Regional Medical Center



December 5, 2017 ✦ 2:00 pm – 3:00 pm

West Windsor Township Municipal Building

Conference Room A

271 Clarksville Road ✦ West Windsor, NJ 08550

Launched in October of 2015 by the White House, Stop the Bleed is a national awareness campaign and a call to action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to quickly stop the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide first care. According to a recent National Academies of Science study, trauma is the leading cause of death for Americans under age 46.

Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

Call 911

**Register with the West Windsor Township Health Department
Email: damoswhitfield@westwindsortwp.com or Phone: 609-936-8400**

WEST WINDSOR TOWNSHIP HEALTH DEPARTMENT
609-936-8400